

Hints and tips for saving energy

In recent weeks, the prices for energy have risen very high, we notice this when filling up the cars.

But also the electricity has now become very expensive.

Gas and oil for the heating in the houses cost now also much more.

One always pays the energy costs with the rent. In the coming year, the landlord then calculates whether you have paid enough in advance, which is then the service charge statement.

If you now use as much energy as last year, you have to pay a lot of money in the next billing, which can be very expensive!

Save money every month so that when you have to pay extra, you don't have to go into debt.

Our tip:

Save energy now:

1. heating:

- Only heat the rooms you spend a long time in.
- Lowering the temperature by just 1 degree Celsius saves around 6 percent energy.
- On very cold winter days, you consume a lot. Heating costs can then be between 5 and 10 euros per day
- To avoid mold, air rooms regularly for a short time, then close the windows again.

2. hot water:

- If it is heated electrically, it is particularly expensive.
- Use cold water as often as possible
- Always use hot water for rinsing in a bowl and do not just let it run
- Short showers save money, bathing is expensive.

3. electrical devices:

- Use energy-saving LED lights
- When buying new appliances pay attention to power consumption
- Only turn on appliances when you really use them (no standby)

More information:

<https://www.verbraucherzentrale-rlp.de/energie/mit-energie-haushalten-und-geld-sparen-37311>

<https://www.verbraucherzentrale.de/sites/default/files/2019-05/Energie-sparen-im-Haushalt-Energiespartipps-einfache-Sprache-VZ-NRW.pdf>

<https://www.hamburg.de/hamburg-barrierefrei/leichte-sprache/service/14964852/ls-infos-zur-muell-trennung/>